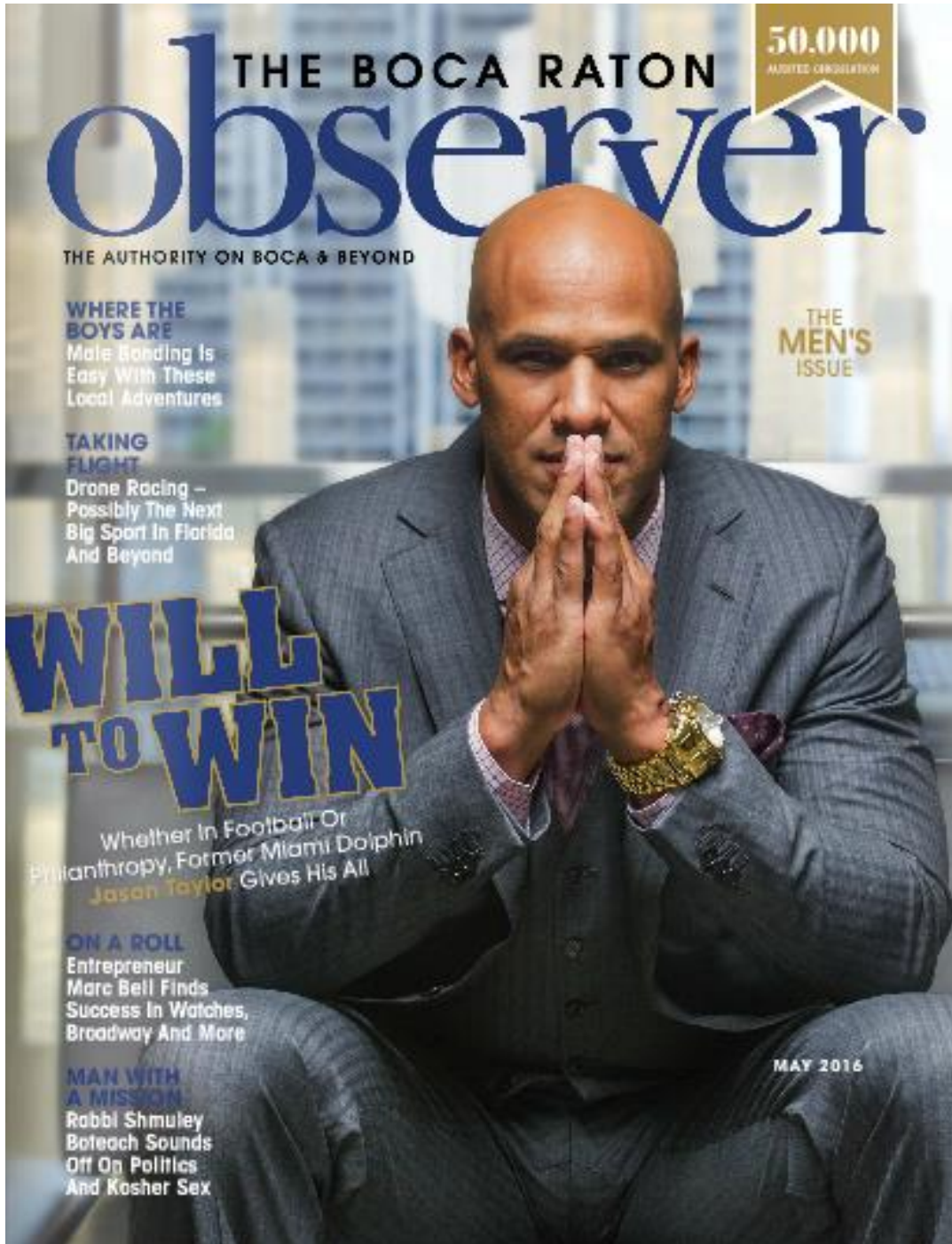


May 2016



TILSON PR

BITES



BOWLED OVER

Outback Co-Founder And Son Launch Healthy Bowl Restaurant In Royal Palm Beach

Restaurateur Tim Gannon, co-founder of Outback Steakhouse, has teamed up with his son Chris to launch a new fast-casual bowl concept, Bolay, in Royal Palm Beach's new Buckingham Plaza.

"At Bolay, we cater to discerning, health-conscious guests with ingredients that uniquely customize bold, innovative flavors," Tim says. "We are innovating the build your own bowl experience, and pairing it with refreshing cold-pressed juices, infused teas and local craft beer and wine."

Bowls are chock full of nutritious superfoods and proteins. Executive Chef Martin Oswald, a former protégé of Wolfgang Puck, channeled his European roots to help create Bolay's menu, comprising upward of 20 internationally inspired ingredients, prepared on-site daily, for diners to mix and match while making their own creations. And those with gluten

sensitivities or Celiac disease will be thrilled to hear that the entire menu is gluten-free – even dessert!

Each customer begins with his or her choice of base (e.g., gluten-free cilantro noodles, Peruvian quinoa), followed by proteins (e.g., ponzu tuna, lemon chicken), toppings (e.g., spicy Thai, lemongrass tamari) and add-ons (e.g., minted tomatoes, goat cheese crumbles).

If you often find yourself complaining about the lack of quick, healthy dining options in the area (we certainly do), Bolay just might be your new go-to spot.

– Sebastian Cardone

Bolay is located at 250 S. State Road 7, Suite 100, Royal Palm Beach. For more information, call 561-899-0111 or visit bolay-restaurant-wellington.com.

Circulation: 40,508

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